

European Karate Championship



for all ages

- European Games for Children -



Russia Oryol 18-22 October 2018









Dear Friends,
We are inviting you to Motherland
of Ivan Turgenev, the third
literature capital of Russia, the city
of the First Salute and the city of
Military Glory, Oryol!



Russian Karate-do Union welcome all participants of the European Championships and European Games for children in the city of Oryol!

Oryol City is located on the Oka River, approximately 360 kilometers (220 mi) south-southwest of Moscow.

The history of the city dates back to 1566. Just then, by decree of Ivan the Terrible Oryol was built to guard the southern borders of Russian Empire.

A distinguishing feature of Oryol is its literary heritage (the birthplace of famous writers) and architectural monuments. In the center of the city – on Karl Marx square – stands a mighty rider. This is General Alexei Yermolov. In the Central part of the City is a Square of Tankers, which is watched by the honor guard. The Eternal flame burns in memory of fallen soldiers.

The most popular place among businessmen, athletes, tourists and young people is a Tourist Multifunctional Complex "Grinn", which includes the best conditions for recreation, entertainment and major international events.







TMC "GRINN"

The venue of the competition is the Grinn Center and Sport Center of the complex GRINN.

Oryol Train Station is 15 minutes' drive away.

- Three hotels with comfortable rooms
- Five restaurants
- Shopping center
- Health complex "GRINN SPA"
- Museum dedicated to the history of the city of Oryol
- A variety of activities



Hotel GRINN

The hotel complex***** "GRINN" in the city of Oryol renders an optimal set of services for the comfortable accommodation of the participants of the European Championship.

Triple Room	Double Room
Price ≈ €100	Price ≈ €93
(price can slightly change depending on the	(price can slightly change depending on the
rub/euro rate)	rub/euro rate)
Breakfast included (smorgasbord)	Breakfast included (smorgasbord)

Currency exchange at the hotel
Payment in cash in Rubles and credit cards. EXCEPT American Express

According to the legislation of the Russian Federation, the hotel administration is obliged to register information about the arrival of foreign tourists. All participants must have a passport (or a replacement document), a migration card, a visa

Copies of <u>all pages</u> of the passport or other replacement document should be sent in advance to: <u>tatiyana.kirichenko@yandex.com</u>

For booking information, please contact by email: maximmorozov.karate@gmail.com









Bus Transfers.

Bus transfers from **Moscow** airports Domodedovo, Sheremetievo, Vnukovo to **Oryol**, TMC "GRINN"



Airport	Price for one person One way
Domodedovo	€40
Sheremetievo	€40
Vnukovo	€40

For transfer information, please contact by email:

maximmorozov.karate@gmail.com tatiyana.kirichenko@yandex.com

Interpreter services

You can use the services of an interpreter from English to Russian

Price: € 128 per day

€28 for one hour

Russian Visa Support

What should you do to get the Russian Visa:

Step 1. Get the Invitation (Visa Support)

A foreign citizen should offer a short printed form of an electronic invitation to the Consular Section of the Embassy of the Russian Federation in his country to obtain a visa.

To get the electronic invitation you should sent copies of passport valid within six months after visa expiry date.

In case where the invited person's family members come with him, and they entered in his passport, copies of these pages of passport should be sent too.

Copies of passports are sent to emails: <u>tatiyana.kirichenko@yandex.com</u> or <u>maximmorozov.karate@gmail.com</u>

Step 2. List of the documents to be submitted to the Consular Section:

- 1) Passport
- Passport must be valid within six months after visa expiry date and contain at least two blank visa designated pages.
- Damaged passports or passports with marks, reservations, records, erasures, corrections, torn pages are not acceptable.
 - Only the original of passport is accepted (no copies, photographs).
 - 2) <u>Electronic visa application form</u> (one per person)
- It must be properly and fully completed then printed out and signed by an each applicant.
- Corrections and amendments in the application form made by hand are not acceptable.

To fill in electronic visa application form here: https://visa.kdmid.ru

3) One photo glued to the form.

The Photo shall:

- •be in sharp focus, clear and with good contrasts
- •be printed on quality photopaper with high solution
- •be in colour with a light background
- •be 35x45 mm in width

- maximum 6 months old
- •full-face, facing the camera directly, eyes looking straight at the camera
- show the whole head and the top of the shoulders.
- show open eyes that are clearly visible. Hair shall not cover the eyes.

Regarding glasses:

Glasses are allowed as long as the eyes are clearly visible.

- •the glasses can not be coloured
- •the rim must not cover any part of the eyes
- •there can not be reflection in the glasses

Regarding head-dress:

Religious head-dresses are allowed provided that all details of the face are clearly shown.

- •chin, forehead and both cheeks shall all be clearly visible
- shadows in the face due to the head-dress are not allowed
- 4) A copy of travel/health insurance policy
- It must be valid in Russia for the whole period of the journey.
- Details of the policy including the policy number, dates of validity, etc. must be stated in the visa application form as well.

5) Appropriate payment

For more information on consular fees charged for the issue of visas, please visit the relevant Consular Section of the Embassy of the Russian Federation http://www.kdmid.ru/docs.aspx

6) Visa supporting documents depending on the main purpose of visit:

• HUMANITARIAN visas:

An <u>official letter of invitation</u> issued by the Ministry of Foreign Affairs of Russia or the General Administration for Migration Issues of the Internal Ministry of Russia on request of the host organization in Russia.

• TOURIST visas:

A standard «tourist confirmation» issued by the authorized host Russian travel agency or the hotel only (hotel booking confirmation cannot serve as the ground for issuing a visa).

- The documents must contain an applicant's name, passport number, dates and points of arrival and departure, cities to be visited, agency's reference (registration) number.

- All the information in the documents as well as the stamps and signatures must be clearly readable.

The applicant or his legal representative must submit a set of documents for a visa application personally.

After receiving the documents and payment of the fee, the applicant receives a receipt with the date of the visa's completion. The receipt must be submitted to obtain a visa.

Upon receipt of the visa, the applicant must check the correctness of filling in the relevant graph in the visa: name, date of travel, passport number, date of birth, etc. and, if necessary, immediately return the visa for amendment.

Important information! Children under 18 years old must have a separate identity document, and (if needed) a separate Russian visa

To find the official website of the Consular Section of the Embassy of the Russian Federation in your country and to read information about the necessary documents for obtaining a visa, please go to:

http://www.kdmid.ru/docs.aspx

European Championships Oryol, Russia 2018

Categories

European child games

Children A (until 7 years)	Children B (8-9 years)
<u>Kata</u>	<u>Kata</u>
(Shotokan, Goju Ryu, Wado Ryu, Shito Ryu,	(Shotokan, Goju Ryu, Wado Ryu, Shito Ryu,
Shorin Ryu, Other Styles)	Shorin Ryu, Other Styles)
(A) White to Orange Belts	(A)White to Orange Belts
(B) Green to Purple Belts	(B) Green to Purple Belts
(C) Brown to Black Belts	(C) Brown to Black Belts
Kumite Shobu Nihon (All Styles)	Kumite Shobu Nihon (All Styles)
(A) White to Green Belts	(A)White to Green Belts
(B) Purple to Black	(B) Purple to Black
Weights (kg)	Weights (kg)
Male -25, -30, -35, 35+	Male -30, -35, -40, 40+
Female -25, -30, -35, 35+	Female -30, -35, 40, 40+
Children C (10-11 Years)	<u>Young (12-13 years)</u>
<u>Kata</u>	<u>Kata</u>
Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin	(Shotokan, Goju Ryu, Wado Ryu, Shito Ryu,
Ryu, Other Styles)	Shorin Ryu, Other Styles)
(A)White to Orange Belts	(A)White to Blue
(B) Green to Purple Belts	
(C) Brown to Black Belts	Kumite Shobu Nihon (All Styles, All Belts)
Kumite Shobu Nihon (All Styles)	(A)White to Blue Belts
(A)White to Orange Belts	Weights (kg)
(B) Green to Purple	Male -45, -53, -60, -65,-65+
(C) Brown to Black Belts	Female -45, -53, 53+
Weights (kg)	
Male -35, -40, -45, -50, 50+	
Female -37, -42, -47, 47+	
only individual, not teams	

European Championships

-7 – 12 years unlimited number of competitors from national federation

Young (12-13 years)

Individual Kata (Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin Ryu, Other Styles)

(B) Purple to Black Belts - unlimited number of competitors

Individual Kumite Shobu Nihon (All Styles, All Belts) - unlimited number of competitors

(B) Purple to Black Belts

Weights (kg)

Male -45, -53, -60, -65, 65+

Female -45, -53, 53+

Kata Team (All Styles, All Belts) - unlimited number of teams

Kumite Team Shobu Sanbon (All Styles, All Belts) - unlimited number of teams

Kumite Team Rotation Shobu Sanbon (All Styles, All Belts) - unlimited number of teams

Cadet A (14-15 years)

Individual Kata (Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin Ryu, Other Styles) Individual Kumite Shobu Sanbon (All Styles, All Belts)

Weights (kg)

Male -50, -55, -63, -70, 70+

Female -50, -57, 57+

Individual Kumite Shobu Ippon (All Styles, All Belts) - Open Weight

Kata Team (All Styles, All Belts)

Kumite Team Shobu Sanbon (All Styles, All Belts)

Kumite Team Shobu Ippon (All styles, All Belts)

Kumite Team Rotation Shobu Sanbon (All Styles, All Belts)

Cadet B (16-17 years)

Individual Kata (Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin Ryu, Other Styles) Individual Kumite Shobu Sanbon (All Styles, All Belts)

Weights (kg)

Male -55, -63, -70, -78, 78+

Female -53, -60, 60+

Individual Kumite Shobu Ippon (All Styles, All Belts) - Open Weight

Kata Team (All Styles, All Belts)

Kumite Team Shobu Sanbon (All Styles, All Belts)

Kumite Team Shibu Ippon (All styles, All Belts)

Kumite Team Rotation Shobu Sanbon (All Styles, All Belts)

Juniors (18-Under 21 years)

Individual Kata (Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin Ryu, Other Styles)
Individual Kumite Shobu Sanbon & Shobu Ippon (All Styles, All Belts)

Weights (kg)

Male -62, -68, -74, -80, 80+

Female -55, -63, 63+

Individual Kumite Shobu Ippon (All Styles, All Belts) - Open Weight

Kata Team (All Styles, All Belts)

Kumite Team Shobu Sanbon (All Styles, All Belts)

Kumite Team Shobu Ippon (All styles, All Belts)

Kumite Team Rotation Shobu Sanbon (All Styles, All Belts)

Seniors

Individual Kata (Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin Ryu, Other Styles) Individual Kumite Shobu Sanbon (All Styles, All Belts)

Weights (kg)

Male -62, -68, -74, -80, 80+

Female -55, -63, 63+

Individual Kumite Shobu Ippon (All Styles, All Belts)

Weights (kg)

Male - open

Female - open

Kata Team (All Styles, All Belts)

Kumite Team Shobu Sanbon (All Styles, All Belts)

Kumite Team Shobu Ippon (All styles, All Belts)

Kumite Team Rotation Shobu Sanbon (All Styles, All Belts)

Cadets, Juniors & Seniors

In all individual categories national federations can register only 4 competitors.

In all Team categories national federations can register only 2 teams.

Kumite competitors can register in 'Shobu Sanbon' or 'Shobu Ippon' not both.

Kata Competitors can register in one style only.

Veterans A (36 – 45 years) Veterans B (46-50 years) Veterans C (51 years & over)

Individual Kata_(Shotokan, Goju Ryu, Wado Ryu, Shito Ryu, Shorin Ryu, Other Styles) Kata Team (All Styles, All Belts)

Individual Kumite Shobu Sanbon Male (All Styles, All Belts) Veterans A, B, C. Open Weight Individual Kumite Shobu Ippon Male (All Styles, All Belts) Veterans A, B, C. Open Weight Individual Kumite Shobu Sanbon Female (All Styles, All Belts) Veterans A, B, C. Open Weight Individual Kumite Shobu Ippon Female (All Styles, All Belts) Veterans A, B, C. Open Weight Kata Team (All Styles, All Belts)

Kumite Team Shobu Sanbon (All Styles, All Belts)

Kumite Team Shobu Ippon (All styles, All Belts)

Kumite Team Rotation Shobu Sanbon (All Styles, All Belts)

Veterans

In all individual categories national federations can enter unlimited numbers of competitors.

Team Kata & Team Kumite (3+1) national federations can register 2 teams per category.

Kata Competitors can register in one style only

Kumite competitors can register in 'Shobu Sanbon' or 'Shobu Ippon' not both.

Open Europe Contact Karate Cup

Young (12-13 years)

Individual Kata_with weapon

Individual Kumite (without blows by elbows and knees in the head and a trunk)

Weights (kg)

Male -39, -42, -45, -48, -51, -54, -57, -60, -64, 64+

Female -36, -39, -42, -45, -48, -51, -54, -57, -60, 60+

Cadet A (14-15 years)

Individual Kata with weapon

Individual Kumite (without blows by elbows and knees in the head and a trunk)

Weights (kg)

Male -51, -54, -57, -60, -64, -68, -72, -76, -80, 80+

Female -45, -48, -51, -54, -57, -60, -64, -68, -72, 72+

Cadet B (16-17 years)

Individual Kata_with weapon

Individual Kumite

Weights (kg)

Male -54, -57, -60, -64, -68, -72, -76, -80, -85, 85+

Female -48, -51, -54, -57, -60, -64, -68, -72, -76, 76+

Juniors (18-Under 21 years)

Individual Kata_with weapon Individual Kumite

Weights (kg)

Male -54, -57, -60, -64, -68, -72, -76, -80, -85, 85+

Female -48, -51, -54, -57, -60, -64, -68, -72, -76, 76+

Seniors

Individual Kata_with weapon Individual Kumite

Weights (kg)

Male -57, -60, -64, -68, -72, -76, -80, -85, -90, 90+

Female -48, -51, -54, -57, -60, -64, -68, -72, -76, 76+

Fees

Individual participation (kata or kumite): Euro 25

Team participation: Euro 50/team

Referees seminar: Free Coach seminar: Free

SCHEDULE

THURSDAY 18th October 2018

09.00 to 18.00 Registrations for all competitors (passport and weight check) 09.00 to 16.00 Referees Seminar (presentation and testing, practical work). Mandatory for all referees and judges 16.00 to 18.00 Technical Seminars (Mandatory for all Coaches and Referees)

FRIDAY 19th October 2018

- 08.30 Kata competition for Children, Young & Veterans. Medal ceremony.
- 13.00 Kumite competition for Children, Young & Veterans. Medal ceremony.
- 15.00 Team Events for Veterans. Medal ceremony.

SATURDAY 20st October 2018

- 08.30 Contakt karate. Kata competition all. Medal ceremony.
- 12.00 Contakt karate. Kumite competition all. Medal ceremony.
- 08.30 Kata competition for Young (12-13 y.o. <u>Purple to Black</u>), Cadets A, B. Medal ceremony.
- 11.30 Kumite competition for Young (12-13 y.o. <u>Purple to Black</u>), Cadets A, B. Medal ceremony.
- 15.00 Team Events for Young (12-13 y.o. <u>Purple to Black</u>), Cadets A,B. Medal ceremony.
- 16.00 to 17.00 Opening Ceremony (all competitors, presidents, officials, referees and judges)

SUNDAY 21nd October 2018

- 10.00 Kata competitions for Juniors and Seniors. Medal ceremony.
- 11.30 Kumite competitions for Juniors and Seniors. Medal ceremony.
- 14.00 Team Events for Juniors and Seniors. Medal ceremony.
- 20.00 Sayonara Party. All Welcome

Leisure and entertainment

We invite all participants of the European Championships to visit the museum of the city of Oryol in TMK "GRINN"!

We suggest that you familiarize yourself with the Oryol history and sights.

The museum is located on the 4th floor of the Grinn Center. An English-speaking guide will tell you about important events in the Oryol history:

- 1. History of the Oryol founding.
- 2. Oryol is in pre-revolutionary years.
- 3. Oryol is literary.
- 4. The pre-war Oryol in the years of the USSR.
- 5. Oryol during the Great Patriotic War of 1941-1945.
- 6. The post-war Oryol and in the heyday of the USSR.
- 7. Oryol in the modern history.

The total area of the museum is 550 m², including two halls with exposures - 360 m². Documents, photographs, paintings and some authentic exhibits reflecting the formation and development of the city are placed on the stands.

For more information, please contact hotel administration.



